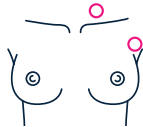


POSSIBLE SIGNS OF BREAST CANCER

IF YOU NOTICE ANY OF THESE CHANGES, OR IF
IN DOUBT, CONSULT YOUR DOCTOR OR **CALL US.**



LYMPH
Changes in lymph
nodes size



SIZE
Changes in breast
size or shape



DIMPLES
Dimples or folds
in the skin of a breast



DISCHARGE
Spontaneous
discharge



ECZEMA
Persistent eczema
or ulceration of the nipple



ORANGE PEEL
Orange peel skin
or thickening



LUMP
Visible or
palpable mass



NIPPLE RETRACTION
Nipple retraction
(turned inward)



REDNESS
swelling or increased
warmth in a breast

1-855-561-PINK
rubanrose.org/en

© 2022 Fondation cancer du sein du Québec.

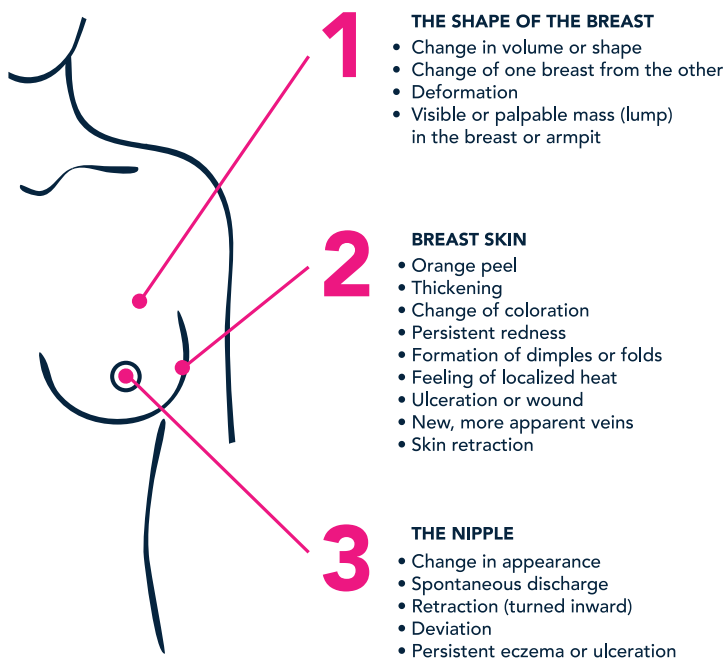


Quebec
Breast Cancer
Foundation



BREAST OBSERVATION

KNOWING YOUR BREASTS, OBSERVING THEM AND
RECOGNIZING THE SIGNS OF CHANGES TO BE
DETECTED ARE **THE BASIS OF THEIR HEALTH**



1-855-561-PINK
rubanrose.org/en

© 2022 Quebec Breast Cancer Foundation



Quebec
Breast Cancer
Foundation