



# STK11 MEN



The medical management guidelines from the National Comprehensive Cancer Network (NCCN) for patients with a STK11 pathogenic / likely pathogenic variant are listed in this document.

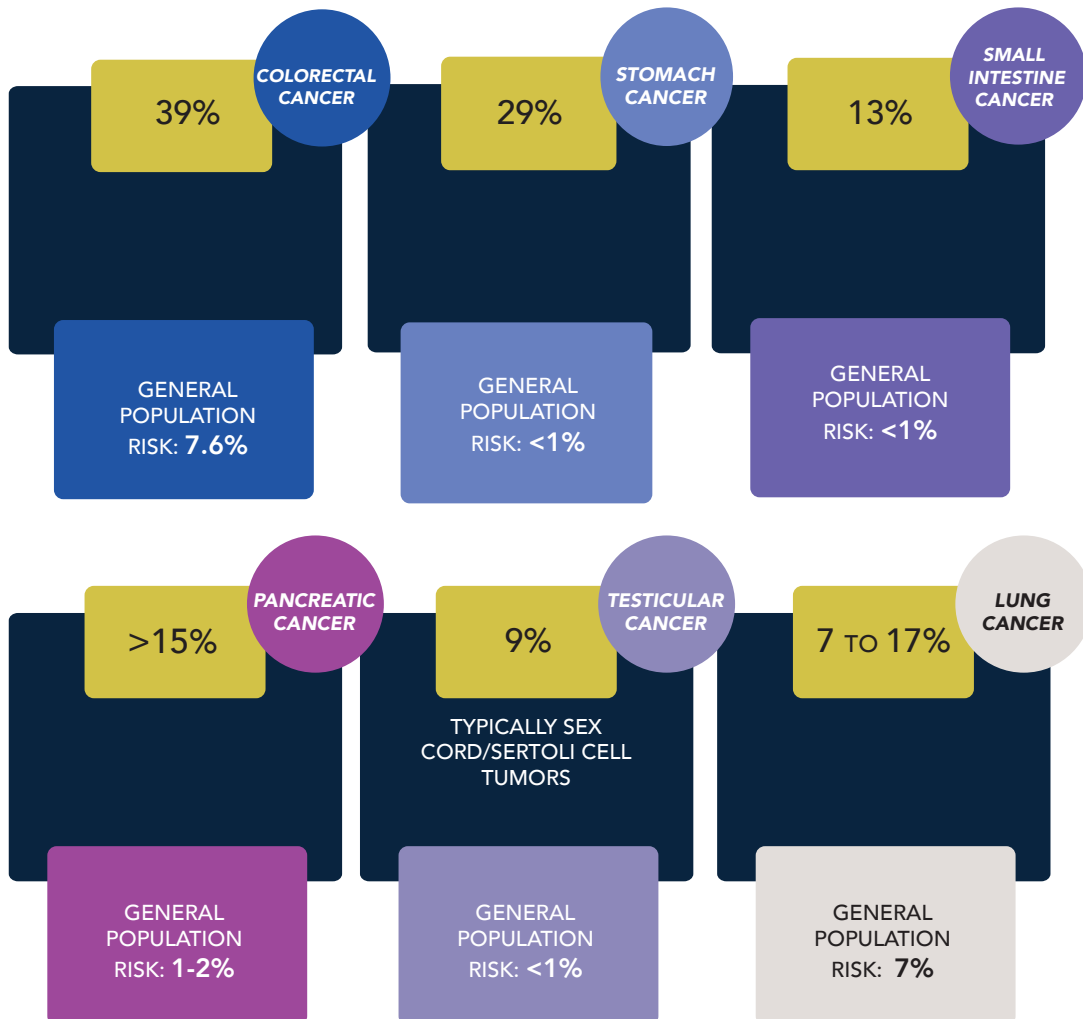
This overview is for informational purposes and does not constitute a personalised recommendation. **Recommended options may vary based on your personal and family history. Access to some options may also vary from one medical center to another.** The specific references should be consulted for more details before developing a treatment plan.

In addition, the information available on hereditary cancer susceptibility genes is constantly evolving and **it is recommended to check this information annually as the management guidelines may change in the future.**

## LIFETIME ASSOCIATED RISKS

(UP TO AGE 75)

Peutz-Jeghers syndrome is rare. An individual who is a carrier of a STK11 pathogenic / likely pathogenic variant has an elevated risk of developing polyps (small benign growths) in the gastrointestinal tract and certain cancers during their lifetime.

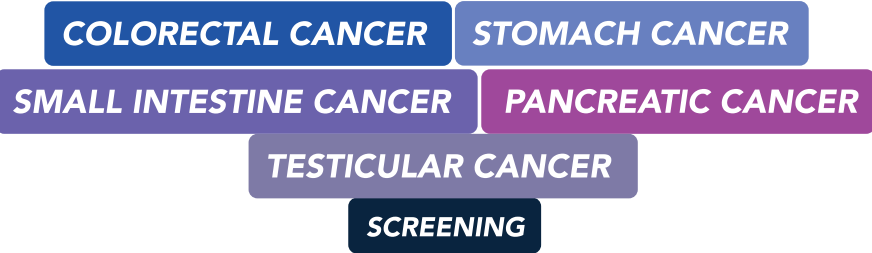




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BECAUSE THE MANAGEMENT OF INDIVIDUALS WITH PEUTZ-JEGHERS SYNDROME IS COMPLEX, IT IS PREFERRED THAT THEY BE FOLLOWED AT A CENTRE WITH EXPERTISE WITH THIS SYNDROME. PARTICIPATION IN CLINICAL TRIALS IS ENCOURAGED.



### STARTING AT AGE 8-10

- BASELINE SMALL BOWEL VISUALISATION BY CT OR MRI ENTEROGRAPHY OR VIDEO ENDOSCOPY
- FOLLOW UP INTERVAL BASED ON FINDINGS

8

18

10

30

### STARTING AT AGE 10

- CLINICAL TESTICULAR EXAM BY A PHYSICIAN AND OBSERVATION FOR FEMINISING CHANGES EVERY 12 MONTHS

### STARTING AT AGE 18

- COLONOSCOPY AND UPPER ENDOSCOPY EVERY 2 TO 3 YEARS

### STARTING AT AGE 18

- SMALL BOWEL VISUALISATION BY CT OR MRI ENTEROGRAPHY OR VIDEO ENDOSCOPY 18 EVERY 2-3 YEARS

### STARTING AT AGE 30-35

OR 10 YEARS BEFORE THE EARLIEST PANCREATIC CANCER IN THE FAMILY

- MRI/MAGNETIC RESONANCE CHOLANGIOPANCREATOGRAPHY (MRCP) WITH CONTRAST OR ENDOSCOPIC ULTRASONOGRAPHY (EUS) EVERY 1-2 YEARS

## LUNG CANCER

### SCREENING

THERE ARE NO SPECIFIC GUIDELINES AVAILABLE FOR SCREENING FOR LUNG CANCER

### RISK REDUCTION

SMOKING CESSATION IS RECOMMENDED

REPORT TO YOUR HEALTHCARE PROVIDER ANY SYMPTOMS ASSOCIATED WITH LUNG CANCER

#### References:

Daly M et coll. NCCN Clinical Practice Guidelines in Oncology: Genetic/Familial High-Risk Assessment: Breast, Ovarian and Pancreatic. Version 2.2021. November 20, 2020. <http://www.nccn.org>

Provenzale D et coll. NCCN Clinical Practice Guidelines in Oncology: Genetic/Familial High-Risk Assessment: Colorectal. Version 1.2020 – July 21, 2020. <http://www.nccn.org>

McGarrity TJ, Amos CI, Baker MJ. Peutz-Jeghers Syndrome. 2001 Feb 23 [Updated 2016 Jul 14]. In: Adam MP, Ardinger HH, Pagon RA, et al., editors. GeneReviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2019. <https://www.ncbi.nlm.nih.gov/books/NBK1266/>

Canto MI, Harinck F, Hruban RH, et coll. International Cancer of the Pancreas Screening (CAPS) Consortium summit on the management of patients with increased risk for familial pancreatic cancer. Gut 2013 ; 62:339-347.